

Mike Pettigrew



START ACHIEVING

————— Your Life's —————

BIGGEST DREAMS

IN THE **NEXT 30 DAYS**

Start Achieving Your Life's Biggest Dreams in the Next 30 Days

The Fastest, Most Effective Strategies for Success - Exposed

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www.themillionairemindsecrets.com

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Start Achieving Your Life's Biggest Dreams in the Next 30 Days

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START ACHIEVING YOUR LIFE'S BIGGEST DREAMS IN THE NEXT 30 DAYS

In this short report we will be looking at how you can start achieving your life's biggest dreams in the next 30 days.

You will discover how to create crystal clear goals for your life, and what you need to do to make certain that you bring them to fruition, as quickly and as easily as possible.

And I will share with you my most powerful strategies, tools and techniques for creating the life you have always yearned for.

Big claims yes, but I assure you that by the time you have finished reading this short report you will have equipped yourself with everything you need to transform your life in miraculous new ways.



HOW DISTRACTION CAN SABOTAGE ALL YOUR DREAMS:



Sadly, many people get to the end of the year only to find that they still haven't achieved that really big goal or that really important dream. It's still unfulfilled and there is a very good reason for this.

There is a reason why several years may pass by, and we still haven't achieved the things that we yearn for.

This is really unfortunate. It can also be frustrating and disempowering and we can even start to feel there isn't even any point in trying anymore.

But there is a point - when you have goals and dreams for your life that you want to achieve - this is really, really, really important, and you should not give up until you achieve them.

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You see, there is a formula for achieving your life's biggest goals, and if you want to create a truly wonderful life for yourself then it's important that you learn that formula.

If you take the time to look out into the world and study the lives of truly great people – people who have transformed society in massive ways – you will discover that in most cases they are very ordinary people. But they are also people who have planned very carefully, and have taken concrete steps towards achieving their goals.

Those who have transformed society in extraordinary ways, have had great belief in their own abilities and they have continually taken step after step until they have reached their goals.

These are not people who simply give up at the first, second or even the third hurdle – their success has come by following a clear plan and by not giving in to temporary defeat.

Actually, the majority of highly successful people have failed many times – a lot more than most people. However, refusing to give in to temporary defeat is the mark of a truly successful person.



Unless we create a plan of action and we are really clear about what it is that we want, it's very easy to drift and be distracted by the events around us. The fact is that we are all bombarded by things that try to distract us all of the time, and most people succumb to these distractions and this prevents them from achieving their life's biggest goals.

So how can you prevent these distractions from diverting away from your life's biggest dreams? This is the purpose of this report and I'm going to share with you - strategies, tools, and techniques that can help you enormously in creating the life you have always yearned for.

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WHAT I DISCOVERED BY LOSING EVERYTHING

Today, I'm entrepreneur and a bestselling author, but it wasn't always that way. If you turn the clock back several years, I went through and horrendous experience that I will never forget.

Before this excruciatingly painful event I had been a self-made millionaire, and I had done a lot of very significant things during my life.

I had travelled the world, built up a successful business, and I used to spend a lot of my time giving back to society in the form of various types of voluntary work.

But then, through trusting the wrong people and by making some really bad investments I lost every cent that we had. I even reached the point where I had no money to feed my wife or our baby who had just been born. It's incredibly frightening when you cannot support your loved ones, especially when they are completely dependent on you.

The situation was truly devastating, but this whole experience totally changed the way I did everything from that point forwards. It taught me all sort of priceless lessons that have enabled me to help many other people to also transform their own circumstances and achieve their life's biggest dreams.

MENTORS CAN TAKE YOU FAR:

One of the things that I discovered through this experience was the importance of mentors.

It's so important to learn from other people who have transformed their own life in miraculous ways and to gain the same understanding that will allow you to break free from limitation and propel yourself forwards in a wonderful new direction.

Fortunately, through a lot of effort and by learning from incredible mentors, I managed to transform my awful situation.



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I went from not having a single cent in the world to building success and good fortune once again. Actually, our circumstances started changing within only 3 days – as soon as I started putting into practice what I’m going to share with you in this report.

And what I want to share with you in this report are the keys that will enable you to start achieving your life’s biggest dreams in the next 30 days.



THE ART OF BECOMING CRYSTAL CLEAR:

To achieve anything really substantial and worthwhile in your life, it's really important to be clear about what it is that you want. No matter what you want in life; if you aren't totally clear about what it is that you want, then you probably won't achieve it!

So if you want to achieve your life's biggest dreams- clarity is really, really, really important. So the starting point is to know exactly what you want to achieve in the next 12 months, in the next five years, and in the next 10 years.

At this point, many people often tell me that having such clarity is all well and good, but the fact is that they do not really know exactly what they want from life.

The fact is life is tough, and most people work really hard and you may already be trying to do your very best. And, at the end of each day, or at the end of the week you may be tired and feeling a bit burnt out. So, you may be very little energy left to really start thinking about what it is that you want to achieve in your life.

However, I am certain you can very quickly discover what it is that you want - what it is that you absolutely yearn for. You can do this by looking at your life right now and finding the things that you don't particularly enjoy.

For example, you may have been working extremely long hours for a long time, and working 60 hours each week. If this is the case, then I'm pretty sure that is something you don't want to continue long-term!

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So you can quickly and easily convert this “thing that you don’t want” into a clear goal.

So, your goal could be; that by this time next year you will only be working 40 hours each week, and that you will be making more money than ever before and that you will have more free time and be a lot happier than you are right now.

So, it really is easy to convert something you don’t currently like in your life, into a goal of what you would like to happen in that area of your life. In other words, you can transform something that you don't like in your life right now into its opposite.

So, if you’re not already crystal clear about what it is that you want, I strongly recommend doing this simple exercise for each area of your life that is causing you to suffer.

I can assure you that very quickly you will come up with a list of crystal clear goals!

PLAN YOUR LIFE – MANIFEST YOUR DREAMS:

Also, if you take the time to set apart just one hour each week to plan your life, then you can start achieving incredible things.

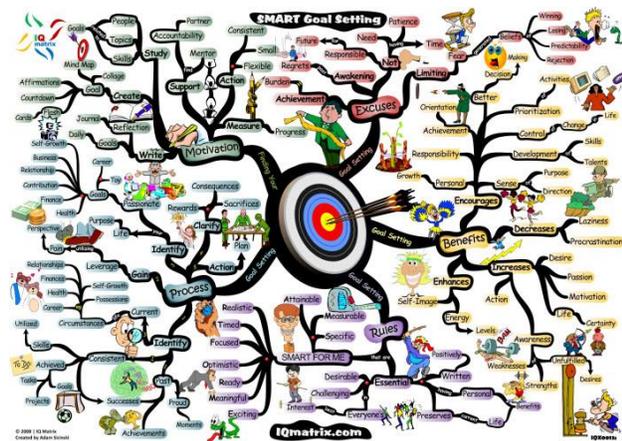
However, the fact is that most people go from one day to the next just trying to cope- trying to do the very best they can.

This is so understandable, because life is incredibly hectic.

But, if you budget in your weekly schedule – just one single hour each week to plan your life, then the difference in just one year can be incredible.

Your entire life can start moving in a wonderful new direction when you do this once a week for a year. And at the end of five years, the improvements in your life can be truly phenomenal.

So, getting really clear about what it is that you want, is the first step in this process in starting to achieve your life’s biggest dreams.





THE POWER OF PEN AND PAPER:

Step two is writing down your goals. You need to write down each of your goals and look at these goals every single day.

This is very important, because the fact is it's so easy to be distracted by the events in your life that you can even forget what it is that you really want!

So instead of allowing your life to take you off course by constantly buffeting you with challenges or by distracting you from what it is that you truly yearn for - looking at your goals each morning and evening is really important.

But it doesn't just end there, because it's not just your goals that you need to look at – rather you need to transform your goals into affirmations.

And you need to repeat these affirmations aloud each morning and evening, with emotion.

YOU CAN PROGRAM YOUR OWN MIND FOR SUCCESS:

An affirmation is literally a statement that you make to yourself. An affirmation is something that you affirm to be true – it is a statement that you say to yourself aloud.

Actually, every thought that you have, and every word that you vocalise is really an affirmation.

We all have certain thoughts that we repeat - we have this internal dialogue going on all of the time.

So you really need to ask yourself - are the thoughts that you are constantly thinking, positive or negative?



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Are you constantly berating yourself, or are the thoughts that you repeat in your mind empowering, energising and creative?

I honestly know from my own personal experiences and from studying the lives of many great people - that our dominant thoughts and emotions really do create the circumstances of our life. So, this internal dialogue goes on all of the time.

Over a short period of time, like a single day - what way you think may not make a huge difference.

However, over a period of weeks, months and years your dominant thoughts and emotions really do have huge effects on your life.



You are literally programming you mind all of the time for either success, happiness and abundance, or for failure, unhappiness and loss.

This is a fact, and all you need to do is study the lives of great successes and great failures to see that this is so.

So, as I explained a moment ago, you need to rewrite each of the goals you have created, into affirmations.

This can speed up the process of achieving your goals dramatically and it can magnetically draw into your life all the things that you yearn for.

For example, you may have the goal of becoming a confident, competent public speaker, even though you may be very nervous and absolutely hate speaking in public!

To enable you to achieve your goal of becoming a great public speaker who actually enjoys giving public talks, then an affirmation like the following could be enormously helpful:

“I am a confident public speaker” or “I am an empowered and happy public speaker” or even “I love public speaking”.

Now, I do realise how simplistic this may sound, and you may even currently believe that such affirmations could not possibly affect your life so strongly, but I assure you that they can.

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YOUR SUBCONSCIOUS MIND CREATES YOUR LIFE EXPERIENCES:

Affirmations can totally rewrite the programming of your subconscious mind and what you can achieve in your life.

The purpose of repeating affirmations is definitely not an attempt to try to convince your conscious mind you can do something that you are struggling with.

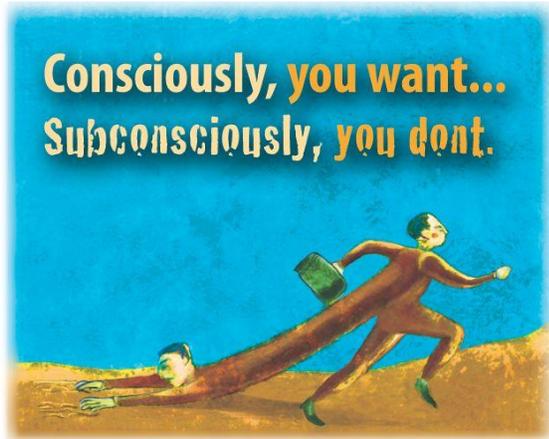
Rather, affirmations work on your subconscious mind and they will start to affect all areas of your life including your conscious mind.



Your subconscious mind is that part of your mind that is actually in the driver seat of your life.

You see, you have a conscious mind and a subconscious mind and even if you really want to achieve something wonderful for your life, if your subconscious beliefs are such that you feel you are unworthy, or that you are not intelligent enough, or that you are not capable enough - then all your efforts may be in vain.

And in the battle between your conscious thoughts and your subconscious beliefs, your subconscious beliefs always win out.



It is your subconscious beliefs that actually control your life and if you consciously think that you can achieve something big in your life – but if subconsciously you don't believe you are capable, then your subconscious beliefs always win.

The purpose of affirmations is to condition your subconscious mind with new instructions/beliefs. It's a bit like a computer – to get completely new results you must change the program that the computer is currently running.

So, as I mentioned above, you need to convert each one of your goals into an affirmation, and you need to read each of your affirmations aloud with emotion each morning and evening and this will powerfully affect your subconscious mind. I go into this in a lot more detail in my training program The Millionaire Mind Secrets www.themillionairemindsecrets.com

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So, affirmations can totally rewrite the wiring of your subconscious mind and can even rewrite your “destiny” and what you can achieve in your life.

So again, so that you can start achieving your life’s biggest dreams in the next 30 days, you firstly need to be crystal clear about what it is that you want to achieve.

You then need to write these down as goals, and then convert those goals into affirmations, which you repeat each morning and each evening with emotion.

EMOTION CONNECTS YOU WITH THE UNIVERSE:

Summoning up strong emotion is very important – emotion is the energy that powers your goals/affirmations/desires/prayers/visualisation and transmits them out into the universe.

Without emotion, very little can happen or change in your life.

It’s a bit like the battery in a cell phone. If you have a cell phone and the battery is dead, then you cannot even use it to speak with your next door neighbour. However, if your battery is fully charged, then you can use that cell phone to speak with anyone, anywhere in the world.

So, emotion works a bit like a powerful transmitter that transmits out into the universe your desires, or the things that you yearn for – your burning desires.

Emotion is the fuel for affirmations and by repeating your affirmations together with emotion - amazing things can start happening in your life.

Also, really try to visualise what it will be like once you have achieved your goals. Try to imagine what you will see, hear and feel once you have achieved each of your goals.

Imagine as though it has already happened. By doing this while repeating your affirmations aloud with feeling, dramatic changes can start happening in your life.



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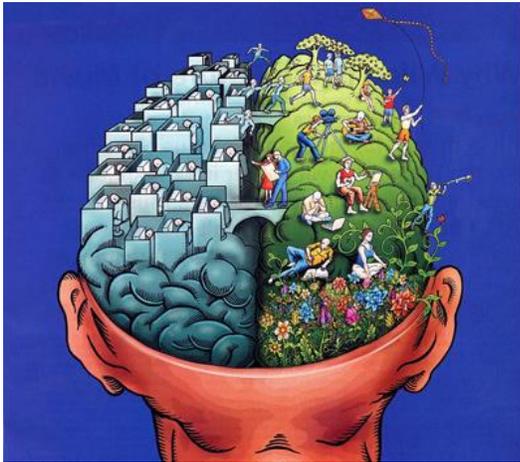
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One of the amazing things about this is that it can dramatically speed up the process of transforming your desires into concrete reality.

I go into all of this in a lot more detail in my book “Unlock Gratitude Now!” and in all of my training programs.



OVERCOMING A LIFETIME OF CONDITIONING – FAST:

A moment ago I mentioned the subconscious mind and how we all have these beliefs that hold our lives back in so many ways.

Negative beliefs that literally try to sabotage everything you set out to achieve.

The fact is that we all have these subconscious beliefs and we accumulate this conditioning from the time we are born.

From the moment we come into this world we are conditioned to think and behave in certain ways, and to believe certain things about ourselves, the world and our place in it. And many of these beliefs are simply not true!

You have been conditioned by your parents, by your peers at school, by society, by the media and as you have moved through your life you have accumulate all sorts of disempowering beliefs that are not true.

Also, all the difficult and painful experiences you've had during your life have also conditioned you to expect a very limited existence and to be content with second best. And what you expect from life then becomes your reality. It's like a self-fulfilling prophesy.

These disempowering beliefs actually sabotage your ability to create the life that that you truly yearn for. But the great news is that affirmations can totally rewrite your internal programming.

Another even more potent way is to use the amazing power of self-hypnosis.

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CREATE A NEW LIFE WITH SELF-HYPNOSIS

Hypnosis is simply a relaxing state where your mind is very receptive to embedding new thoughts and new ideas and new instructions.

It is a powerful way of reprogramming your mind for success rather than failure.

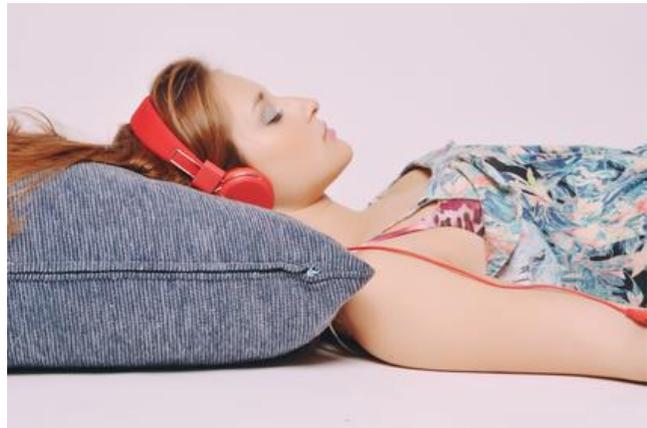
Self-hypnosis is a powerful tool that can rewrite your subconscious programming and this will enable you to achieve your goals far more quickly.

This is because you can start using it to implant into your subconscious, empowering suggestions that can help you to achieve your goals far more quickly.

Most people continually listen to the constant internal dialogue that limits their life in so many different ways, and in most cases they aren't even aware how disempowering it is. It's this inner dialogue that continues to make us feel small and powerless and that prevents us from achieving amazing things in our lives.

It's almost like we have two minds - we have this small quiet mind that is always working for our best interest to bring into our lives the things that we want to create. It helps us to create an empowered life where we are deeply happy and fulfilled.

However, you also have a negative voice that is a lot louder and which most people give in to most of the time. It's this mind that continually sabotages your path to success, happiness and wealth. It constantly tells you all sorts of things like you are not capable enough, or you are unworthy.



And the disturbing fact is that whichever of these "minds" you allow to dominate will actually control what happens to you. It controls what you can and cannot achieve.

Understanding this fact is the most liberating thing you can discover in your life and it is the ticket to creating an amazing future for yourself of success, happiness and continual empowerment.

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So by using self-hypnosis you can quickly and easily overcome years of negative conditioning and harmful restrictive beliefs that could otherwise take years of counselling and psychoanalysis to unravel.

SELF-HYPNOSIS – THE BIGGEST SECRET OF SUCCESS:

In “The Millionaire Mind Secrets” training course which I mentioned earlier, and also in “The 30 Day Success Formula” 6 CD audio program I have included powerful self-hypnosis recordings carefully designed to make this possible for you.

Self-hypnosis is very easy to use, and all you need to do is get comfortable and listen to a recording where the hypnotherapist guides you into a very relaxed state.

Everything is done through suggestion, and it is completely safe and you can even bring yourself out of hypnosis whenever you wish simply by opening your eyes.

The myth that you relinquish control over to someone else, is simply not true. Hypnosis is deeply relaxing, and very refreshing.

It’s also very enjoyable and highly effective.

Most highly successful people know about and use self-hypnosis to achieve their bigger goals. Again, self-hypnosis enables you to plant into your subconscious mind - new instructions and it allows you to create new programmes that can transform your life in miraculous ways.

So far we have looked at how important it is to become clear about what it is that you want in your life. We then looked at how easy it is to create these crystal clear goals, even if right now you are not totally certain about what it is that you want.

We then discovered how you can convert your goals into affirmations and why it is important that you read them aloud with emotion each morning and evening.

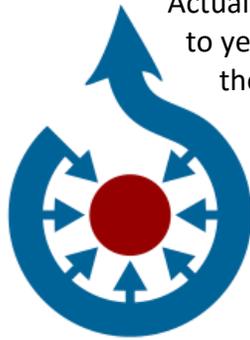
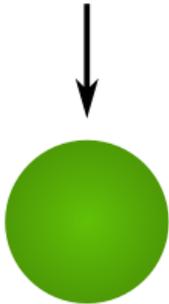
Next, we explored self-hypnosis and how it can embed new instructions into your subconscious mind that can totally erase or overcome those limiting thoughts and beliefs that you have that continually try to sabotage your success.



ACTION STEPS ASSURE YOUR SUCCESS:



Now, the next step in this process of starting to achieve your life's biggest dreams in the next 30 days is to convert your list of goals into action steps. And this is the biggest stumbling block for so many people.



Actually, it's for this reason that most people go from year to year without really changing their lives or achieving their goals.

So many people reach the end of the year and look back only to discover that most of their life's biggest dreams have not been accomplished and that they have made very little, if any progress towards them at all.

This realisation can be very disempowering and it can leave you feeling disillusioned, especially if this has gone on for several years. This in turn makes it even more difficult to bring your deepest desires to fruition.

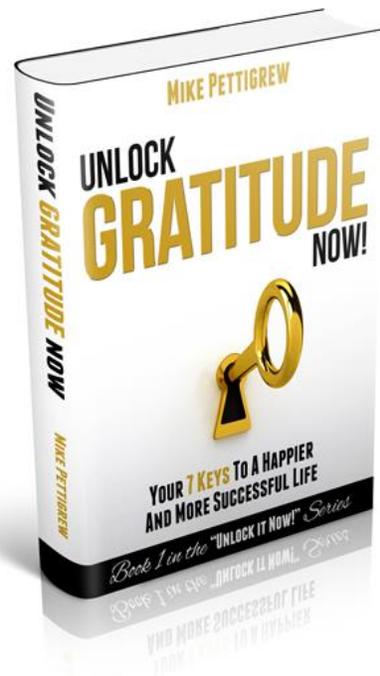
So how can you make huge progress every single day of the week, and every month of the year? Well, I'm happy to say that there is a very simple way to do this, and it may even appear to be too simplistic.

However, it is also a method that is used by all of the world's most successful people, without exception. All you need to do is write down action steps for each one of your goals!

For example, here are some action steps you might take to become a bestselling author. Actually, these are some of the very action steps I used myself to become a number 1 Amazon bestselling author.

At the beginning for the year I had the very specific goals of becoming a number 1 bestselling author within the first 6 months of the year. Now, obviously there were very specific action steps that I needed to take in order to become a bestselling author.

So, what I did was to include action steps like; writing for an hour and a half every morning before allowing myself to be distracted by email and phone calls.



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Another of my action steps was to learn all about publishing on Amazon Kindle, because the book I was writing would first be released on Kindle format.

So, I had a whole list of action steps that I needed to take to achieve my goal of becoming a bestselling author within six months. And every morning I looked at my list of action steps and each day I took at least one action towards its achievement.

SMALL STEPS LEAD TO MASSIVE RESULTS:

The result of creating these action steps and writing for an hour and a half each morning (as well as taking the other action steps that were necessary), was that by the end of May 2015 my book “Unlock Gratitude Now! – Your 7 Keys to a Happier and More Successful Life” had become a number 1 bestseller.

It reached number 1 in the psychology category of Amazon Kindle, as well as number 1 in applied psychology and also number 1 in the happiness category.

This all happened simply because I was crystal clear about what I wanted to achieve and because I did my affirmations each day. It also materialised because I wrote down a list of action steps for each of my goals and because I took at least one daily action towards its achievement. I also use self-hypnosis too; because it is so powerful at overcoming any inner limitations.

Sadly, most people don't ever write down the action steps that they need to take and don't really spend the time to find out what they need to do to achieve their deepest desires.

So, it's no wonder that their lives may never change that much, and why they may even start to wonder why life has given them such a raw deal.

In order to progress rapidly towards achieving your life's biggest dreams, you really do need to keep yourself accountable, and by creating this list of action steps you will make your journey far shorter, a lot easier and also really enjoyable.



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As a great person once said “failing to plan, is planning to fail”.

Also, you have probably heard the saying “a journey of a thousand miles begins with a single step” and this is so true.

When you take your first step, and gradually add another, and then another - amazing things will

start to happen in your life.

One small step alone may not amount to very much, but when you then add another and another - before long you draw into your life the very things that you yearn for. This is a universal fact.

It really is that simple and there is nothing magical about it – but it’s one of the greatest secrets of the world’s most successful people.

ACHIEVE SUCCESS FAST:

Most highly successful people use a daily success planner that can help you greatly in progressing toward all of your goals - and more quickly than you may ever have dreamed possible.

This daily success planner will enable you to see very clearly what your priorities are for each day.

It will have a dramatic effect on how quickly and easily you can start achieving your life’s biggest goals.



There are only 4 steps in this process, yet the effects on your life can be truly astounding. All you need is a piece of paper, a pen and 10 minutes of your time.

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STEP 1:

Across the top of the page you need to write down your three or four most important projects that you're working on right now.

STEP 2:

Under each of these projects you need to write down the five biggest things that you need to do in order to progress this project.

STEP 3:

Underneath these lists, you need to write out 2 more new lists – one on the right side of the page and another on the left side of the page.



On the left hand side of the page you need to write down a list of the people who you need to reach out to today, who can help you to progress your projects.

Then on the right hand side of the page you need to write out a list of the people who you are waiting to hear back from – those who can help you to move your projects forwards.

These are people to whom you may need to send a reminder for them to get back to you.

STEP 4:

Then at the very bottom of the page you need to write out your top priorities for today. These are the things that you absolutely must do today, no matter what.

This daily success planner can have truly amazing effects on your life, when you start using it at the beginning of each day and as you refer to it frequently throughout your day.

I have included a copy of this Daily Success Planner on the next page, which you can benefit from enormously.

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Daily Success Planner

Projects

List the 5 big things I must do to move each of these project forward:

Project 1 _____

- 1
- 2
- 3
- 4
- 5

Project 2 _____

- 1
- 2
- 3
- 4
- 5

Project 2 _____

- 1
- 2
- 3
- 4
- 5

People

People I need to contact today:

- 1
- 2
- 3
- 4
- 5

People I'm waiting to hear back from:

- 1
- 2
- 3
- 4
- 5

Priorities

The main things I must complete today, no matter what:

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ACHIEVING YOUR LIFE'S BIGGEST DREAMS IS EASY:

So, as you can see by now you really can start achieving your life's biggest dreams in the next 30 days, and its far easier than you may have once thought.

However, you won't achieve these wonderful goals just through wishful thinking, or by hoping for major changes in your life. Nor will you achieve the sort of life you have always yearned for just by visualising what you want, and not doing anything about it.

Likewise, if you aren't using the mind reprogramming techniques that I have shared with you in this report, then your inner dialogue will just continue to sabotage all your efforts for success and you will remain disempowered and remain the victim of your own conditioning. Real, lasting change is easy and you really can achieve everything that you set your heart on, providing you put into practice everything you have learned in this report.

This report contains the formula for achieving your life's biggest dreams. It's easy to put into practice and you can start benefiting immediately. So, please start using it right now. Don't wait – take your first step immediately! For your convenience, I have included a summary of each step of the formula at the very end of this report.

ITS TIME FOR YOU TO DECIDE:

At this point you really do need to make a choice – either to continue doing what you have always done and continue getting the results you have always got **OR** take action immediately on what you have just learned in this report.

All you need do is take one first step, and then another and another.

And before you know it you will be amazed by how far you have come and at how much you have achieved. With this simple formula you can become empowered, successful and happy - knowing that you can achieve everything that you set your heart on.



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IN THE **NEXT 30 DAYS**





READY TO TAKE THIS TO THE NEXT LEVEL?

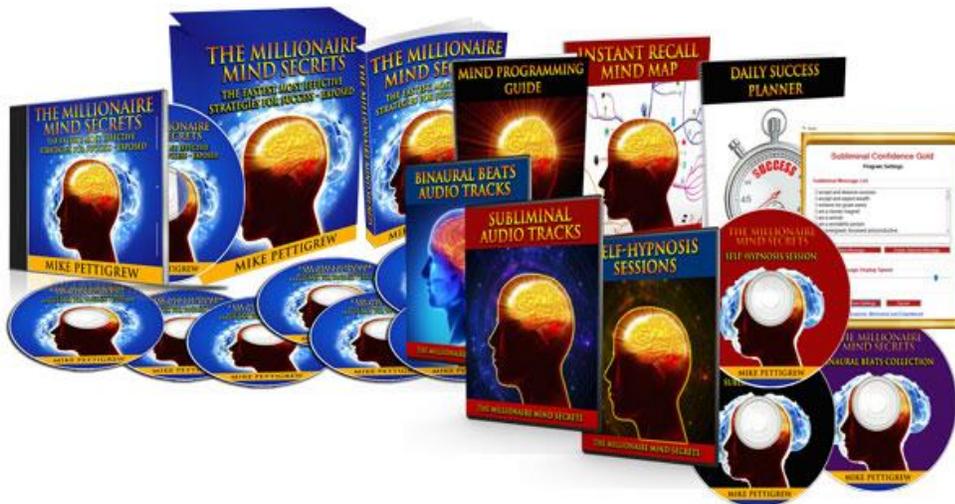
Finally, if you would like to put into practice what you have learned in this report, then my multimedia training program **The Millionaire Mind Secrets** contains all the tools and technologies that you will need to create the life you have always yearned for.

It includes a Revolutionary Training Manual, an Audiobook, a Mind Programming Guide, and Instant Recall Mind Map and a Daily Success Planner.

It will allow you to start achieving all your life's biggest dreams in the next 30 days.

You will also have access to powerful hypnosis recordings that will help you to overcome your negative conditioning, and be more empowered to achieve all of your goals. As well as revolutionary new subliminal software, audio files and binaural beats to help you to get more done, reduce stress, be more energised, improve your focus and to sleep more restfully.

This highly effective training program is your Complete Success, Happiness and Wealth Toolkit and it can transform your life in amazing new ways.



Full details at: www.themillionairemindsecrets.com

START ACHIEVING

Your Life's

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IN THE **NEXT 30 DAYS**



START ACHIEVING YOUR LIFE'S BIGGEST DREAMS IN THE NEXT 30 DAYS - SUMMARY

Step 1:

Become crystal clear about what it is that you want. If you don't already know exactly what you want, then look at your life right now to see what you don't like about it. Then make goals to overcome each of these areas of pain, within a specific time frame.

Step 2:

Write down your goals and look at them frequently. This will ensure that you are always aware of the direction you wish to propel your life in, and so that you never give up on your dreams.

Step 3:

Rewrite each of your goals as an affirmation, and repeat each of these affirmations every morning and evening with emotion – really try to visualise what you will see, hear and feel when you have achieved your goals.

Step 4:

Start using self-hypnosis to rewrite the negative conditioning that is currently limiting what you can achieve. This will greatly expand your realm of possibility and it can give you the mind-set of a highly successful person. When you create such a mind-set, your circumstances will start to reflect that change.

Step 5:

Create a new habit by using the daily success planner every morning and refer to it as you progress through each day. Use it to make sure that you take at least one step each day towards your goals.

One step each day is very easy and takes little effort, but realise that by the end of the year you will have taken 365 steps and your results can be truly enormous.

When you use this daily success planner, you will be invigorated and you will have more energy and you will feel great at the end of each day, knowing that you made real progress. It will enable you to become more productive and efficient than ever before.

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It can keep you on course and it will allow you to chart your own progress every day, so that each day becomes a wonderful, exciting, creative experience.

And please remember each morning - don't go anywhere near your email inbox or social media, until you have taken at least one action step towards your goal! Avoiding these distractions until after you have spent at least one hour of creative time will reward you one hundred fold.

Very Best Wishes,

Mike Pettigrew

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