

The Most Powerful

Broadcast Starting Soon...



**Achievement System
in the World**



Mind Mastery for Success, Happiness and Wealth

with Mike Pettigrew

What We Covered Last Month:



How to Gain 10 Times More Clarity in Your Life:

- Why Clarity is Vital for Improving Your Life
- How to Become Crystal Clear on What You Want
- Mind Mapping to Discover Your Goal Action Steps
- The Scientific Evidence for Life After Death
- A Simple Way to Discover Your Major Life Purpose
- 9 High Performance Words for Long-Term Clarity



What You Will Learn Today:



How to Use Your Mind to Get Anything You Want:

- The Creative Power of Positive Thought
- The Destructive Power of Negative Thought
- How to Improve Your Self-Worth & Earning Potential
- Scientific Mind Over Matter Experiments
- The Power of Emotion Creates What You Dwell Upon
- How to Add 10 Times More Power to All Your Goals
- High Performance Habits for a Positive Mindset

Your Dominant Thoughts and Emotions Create Your Circumstances



2 Examples of This:

- Using The Power of Positive Thought
- The Power of Negative Thought

Example 1:

- Asthma as a Child = I believed I was useless
- As an Adult Low Self-worth = Financial Rollercoaster
- Repeated Burglary, People Taking Advantage of Me
- Serious Crisis After Trip to Japan

I Had Only 2 Choices:

1. Give Up Business
2. Or Dramatically Improve My Self Worth

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From Independent.ie



WATCH - Highlights: Former UFC fighter Ronda Rousey marks WWE debut at...



VIDEO: Criminal who is prime target of Hutch gang arrested after being...



Does anyone really n general election righ

Windfall for Wicklow businessman

Lynn Glanville Staff Reporter

January 4 2002 12:11 AM



A Wicklow entrepreneur has scooped a substantial financial windfall with the sale of his company.

Businessman, Michael Pettigrew, sold his indoor plant rental company to Rentokil Initial - one of Europe's largest plant rental companies.

He sold A Pettigrew Interior Plants, better known as Pettigrews, for [REDACTED]. The Dublin based firm supplied plants to a number of high profile corporate clients.

Its customers included St Stephen's Green Shopping Centre, IBM Ireland, Novell, Creative Labs, Corel, AIB and Panasonic as well as a number of state and semi-state companies.

Thirty-nine year old Michael Pettigrew and his mother Vera were the only shareholders of the company.

It supplied tropical plants, which were mainly imported from Holland, to Irish offices for about 10 years and employed seven people.

According to records, accumulated profits amounted to [REDACTED] to the end of June 2000. It is believed Rentokil will try to sell its other services, such as pest control, to Pettigrews' client base.

I Decided to Improve My Self-worth!

- I Doubled My Prices to My Business Clients
- I Started Taking Actions to Value Myself More
- My Business Became a Massive Success
- Discovered All Sorts of Exciting Talents and Abilities
- Became Very Successful and Rich
- I Had Over 500 Corporate Clients in Ireland
- In 2001 I Sold My Business to a Multinational

This was the effect of Creating a Positive Mindset!

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Example 2 – The Power of Negative Thought:

- I Made Bad Investments
- I Trusted the Wrong People
- I Lost Everything Within a Few Years
- Gradually I Sank into Pessimism
- I Hated Myself and Berated Myself
- Result - Everything Gradually Got Worse and Worse
- I Had No Money to Feed My Wife and Our Baby

This was the effect of the Power of Negative Thought!

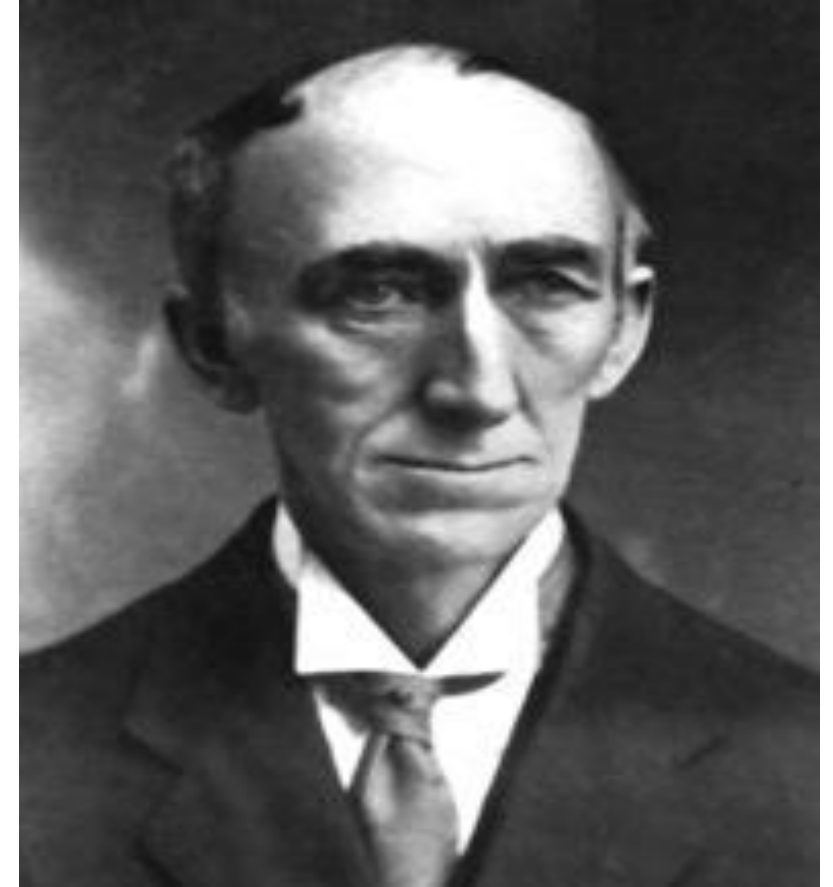


Your Dominant Thoughts and Emotions Create Your Circumstances

How I Changed Our Circumstances:

- I Decided Enough Was Enough!
- My Vow to the Universe
- The Science of Getting Rich
- My Crazy Gratitude Experiment
- Massive Coincidences Started Happening!

**As soon as I changed my mindset,
our circumstances started to change.**



The Power of Positive Thoughts



Famous Sayings by Positive Thinkers:

Gandhi:

“A man is but the product of his thoughts;
what he thinks, he becomes.”



Famous Sayings by Positive Thinkers:

Winston Churchill:

“The pessimist sees the difficulty in every opportunity; an optimist sees the opportunity in every difficulty.”

The Power of Positive Thoughts



Famous Sayings by Positive Thinkers:

W. Clement Stone:

“There is little difference in people, but that little difference makes a big difference. The little difference is attitude. The big difference is whether it is positive or negative.”

What Does Science Say About the Power of Our Thoughts?

Sensitive Experiments CAN be Influenced by the Mind!

- Discoveries in Quantum Physics
- Dr Masaru Emoto's Ice Crystals
- Dr Harry Oldfield's PIP Scanner



It's Not Just Your Thoughts That Affects Your Environment...

Your Emotions Are Extremely Powerful...

- Emotion - the Catalyst That Launches Thought
 - Thoughts Without Emotion Have Little Power
 - Like a Cell Phone Without a Battery
 - Thoughts + Powerful Emotion = Powerful Effect
 - Repeated Thought + Emotion Creates Your Life
- This is Why You Must Emotionalise Your Goals!



Create an NLP Anchor (RECAP) - to emotionalise your goals/affirmations

Creating Your Anchor is Easy!



- **Step 1:** Recall Times in Your Past when you felt strong positive emotions - *Deep gratitude, happiness, or a time when anything seemed possible to you. "10 out of 10" experiences.*
- **Step 2:** Choose One with Strongest Positive Emotions
- **Step 3:** Focus on That Experience for a Few Minutes - reliving it, in as much detail as you can - Allow the feelings of gratitude, joy, fulfilment, or of anything being possible for you to build very strongly within you.
- **Step 4:** Set Your Anchor
When you are overflowing with positive emotions, touch the thumb and first finger of your right hand together and squeeze them together gently. You have now "set" your Anchor.

Affirmation Construction (RECAP) – convert your goals into affirmations



Affirmations Should:

- Be in the Present Tense
- Be Positive
- Be Personal – I am
- Be Specific – may include a time reference
- Include a Feeling Word – such as grateful
- Include an Action Word – learning, enjoying etc
- Be Concise – not too wordy

Repeat affirmations every morning and evening **with emotion**, while visualising what it will be like when your goal is achieved.

Download Over 300 Sample Affirmations!

Affirmation to Overcome Pessimism, Low Energy and to Get You Unstuck:

“Today, I am full of energy and overflowing with joy.”

Affirmation to Find Better Employment:

***“I love my new job as [name job title], that I begin by July 15th 2018
and which is giving me a wage of \$3,000 each week”***

High Performance Habits (RECAP) – Brendon Burchard's Clarity Chart

SELF:

The 3 words that will now define the best of who I am and that I will use to guide my personal life, including my thoughts include... **Mine Are:** Motivating, Inspiring, Empowering

INTERACTIONS:

The 3 words that will now define and guide how I will engage and treat others whom I meet in life, including my loved ones and strangers, include...**Mine Are:** Caring, Attentive, Appreciative

SUCCESS MARKERS:

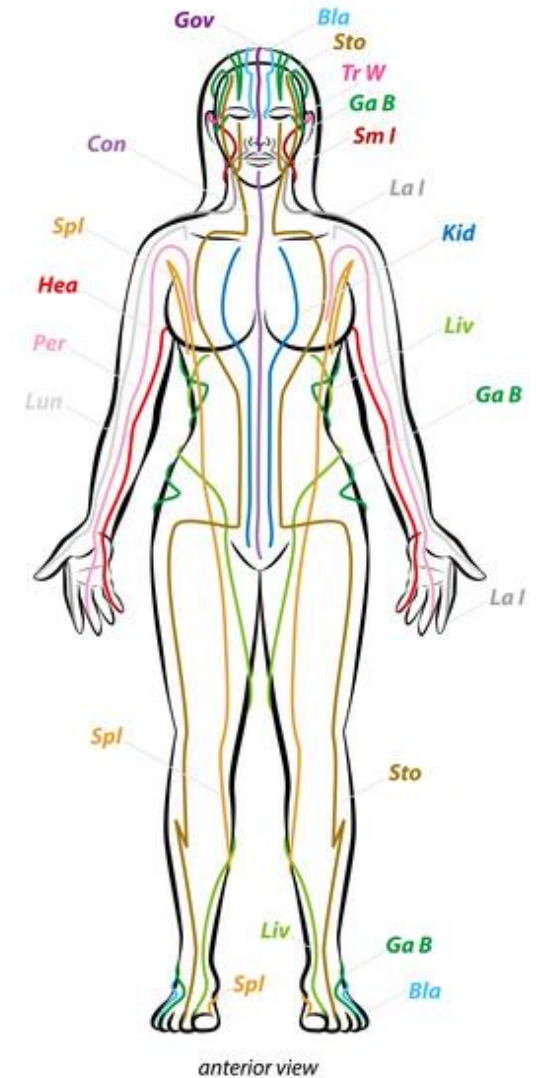
The 3 words that will now remind me of what it is that made me most successful and will make me even more successful, include... **Mine Are:** Clarity, Determination, Consistency



Keep yourself on track
- set phone reminders!!!

Acupuncture Points – doorway to your subconscious mind

- Neuroscientists Estimate Our Lives Operate at Least 95% from Subconscious Programs
- The Subconscious Mind Defaults to Protecting Ourselves
- It Hijacks Our Body & Emotions by Creating the Stress Response
- This *Can be Combated* by Tapping on Acupuncture Points
- These Were First Viewed in the Laboratory in the 1960s
- Observed Using Doppler Ultrasound and Thermal Imaging
- They Are Noticeably Different from Other Points on the Body
- Have High-Density “nerve bundles” & muscle “trigger points.”

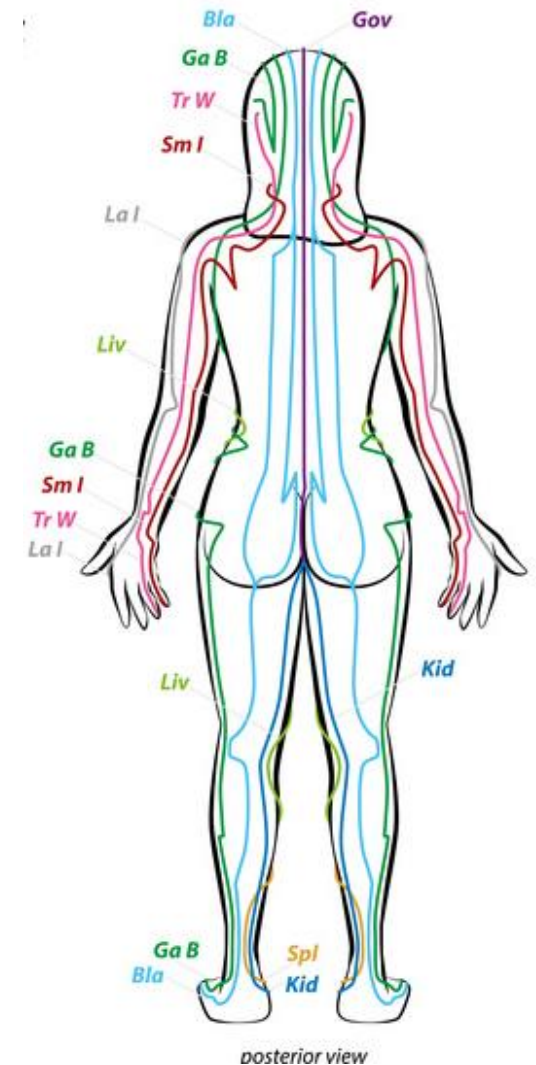


Use Taping to Install Your Clarity Chart Words – into your subconscious mind

- Acupuncture Points Used by Chinese Medicine - for 2,000 Years
- Carry Information Between the Body and Subconscious Mind
- Tapping Has Been Shown to Produce a 24% Drop in Cortisol - the stress hormone
- Tapping Releases Endorphins – you feel more positive, and it boosts energy, concentration, creativity and sleep
- Can Overcome Ingrained Beliefs AND Install New Instructions Into Subconscious

How to Tap Your Words (Self, Interactions, Success Markers):

- POSITIONS: Above Eyebrows, Under Eyes, Under Nose, Chin, Behind Ears, Back of Head, Top of Head, Collar Bone



High Performance Habit – Qigong for renewed energy and focus

Phase 1



Phase 2



Phase 3



Phase 4

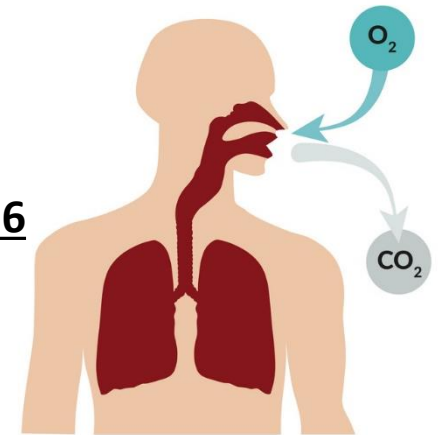


Warning: One of these exercises involves standing on one leg, which may not be suitable for you if you have poor balance or if you're currently overweight, or if you suffer from any condition that could make this exercise a risk for you. Always consult your doctor before starting any new exercise routine!

Phase 5



Phase 6



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- The Creative Power of Positive Thought
- The Destructive Power of Negative Thought
- How to Improve Your Self-Worth & Earning Potential
- Scientific Mind Over Matter Experiments
- The Power of Emotion Creates What You Dwell Upon
- How to Emotionalise Your Goals
- How to Create Affirmations
- High Performance Habit 1 – Tapping Your Words
- High Performance Habit 2 - Qigong for Energy & Focus



Recommended Resources



Wallace D. Wattles



Dr Masaru Emoto



Dr Harry Oldfield



Brendon Burchard

- **The Science of Getting Rich** by Wallace D. Wattles – get in the resources area
- **The Most Powerful Goal Achievement System in the World** – get it in the resources area
- **The Hidden Messages in Water** by Dr Masaru Emoto
- **The Dark Side of the Brain** by Dr Harry Oldfield
- **High Performance Habits** by Brendon Burchard

Over to You...



Questions & Answers

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