

How to Unlock Your Creative Inner Genius

The Most Powerful

GOAL



**Achievement
System in the World**



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ACCESS LIMITLESS IDEAS IN YOUR OWN MIND



3 Simple Techniques that will allow you to access your creative inner genius...

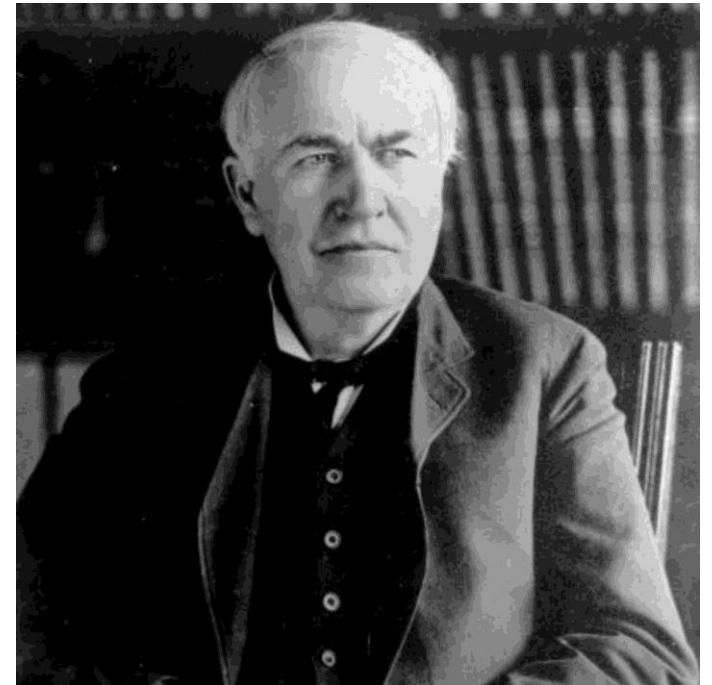
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Technique #1 – The Thomas Edison Method

Thomas Edison's Catnap Technique

- **1:** Plant firmly in your mind the problem to which you need a solution.
- **2:** Request a solution from your subconscious mind.
- **3:** Summon up firm belief/faith that you will get a solution from your subconscious mind on awakening.
- **4:** Relax and go to sleep for 30 mins to 1 hour.
- **5:** The solution will come to you on awakening, or may come in some other form over the next few days.



This technique is simple, yet very effective when done correctly!

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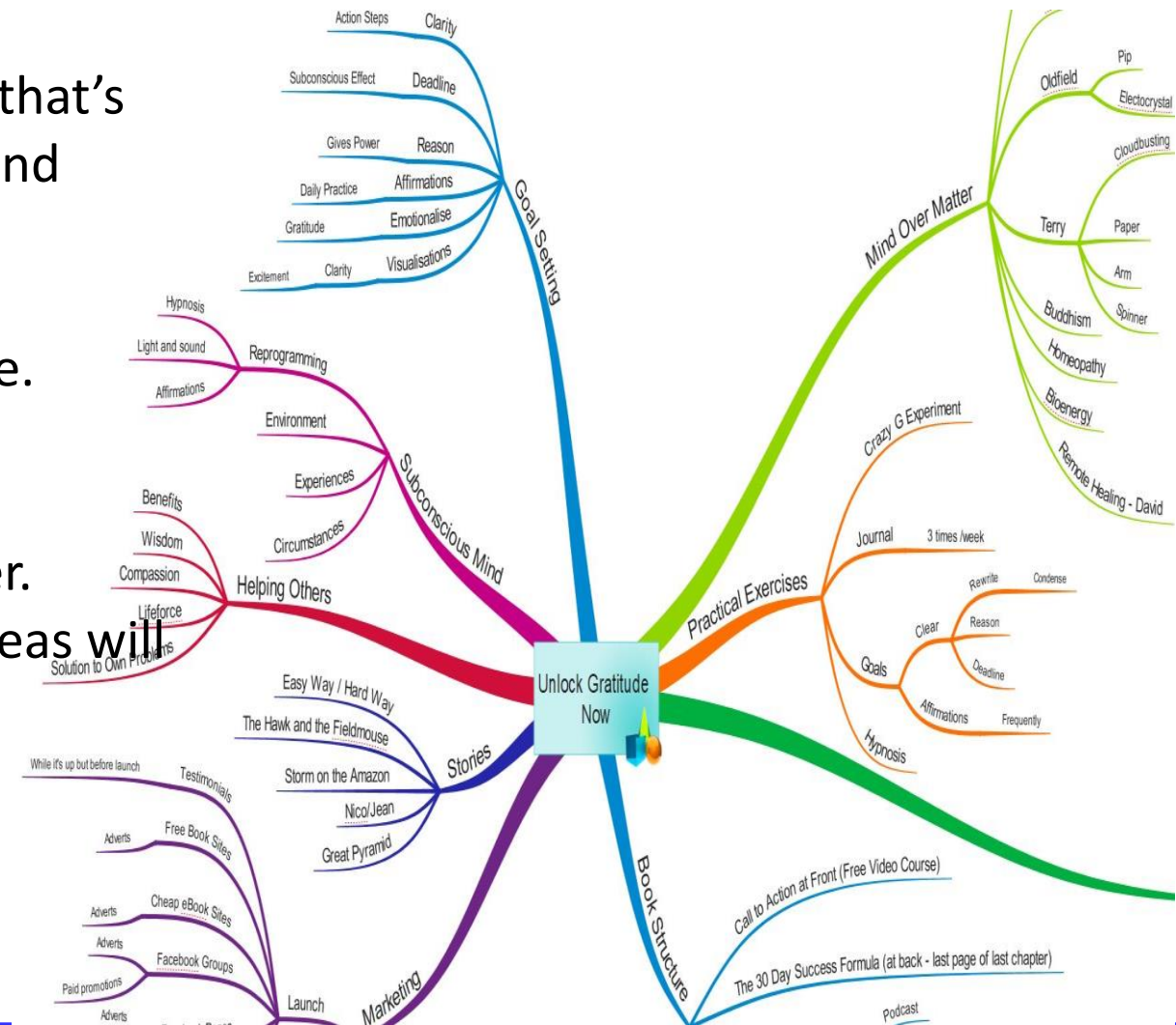
Technique #2 – The Mind Mapping Method

Create a Mind Map to Stimulate Your Creativity

Mind maps work in the same way as your brain, and that's why they are so effective. Gets you into a creative mind state, where ideas flow effortlessly .

- **1:** Start with a central idea or goal – centre of page.
- **2:** Brainstorm steps that can help you reach it.
- **3:** Write down in any order as they come to mind.
- **4:** Reorder them logically by linking them together.
- **5:** As you see the map start to take shape more ideas will start coming into your mind.

This is a very simple way to get ideas for any project – no matter how complex



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Day 1: Write out 10 ideas for improving your physical health



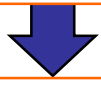
Day 2: Write out 10 ideas to create better emotional health



Day 3: Write out 10 ideas that could improve your finances



Day 4: Write out 10 ideas for improving your enjoyment of work



Day 5: Write out 10 ideas for creating smartphone apps

Day 6: Write out 10 ideas to have more fun each day



Day 7: Write out 10 ideas that could progress your career more quickly



At the end of just 1 week you will be amazed by the number of great ideas you have squeezed out of your mind!

- **Your ideas** are what lead to your success, freedom and wealth.
- Block out 30 minutes each week to brainstorm new ways to improve your life.

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