

The Most Powerful

Broadcast Starting Soon...



**Achievement System
in the World**



How to Gain 10 Times More Clarity in Your Life

with Mike Pettigrew

What We Covered Last Month:



- Success is Created in Your Mind!
- Success is Influenced by Beliefs, Thoughts & Actions
- You Have Been Conditioned!
- You Have Limiting Beliefs that Sabotage Your Success
- The Subconscious Mind Stores Everything
- Your Subconscious Creates Your Circumstances
- The Subconscious is a Doorway to Unlimited Wisdom
- 7 Ways to Reprogram Your Subconscious Mind
- The Power of Affirmations to Reprogram Your Mind
- An NLP Anchor to Emotionalise Your Affirmations
- How to Root Out & Overcome Your Limiting Beliefs

How to Gain 10 Times More Clarity in Your Life



What You Will Learn Today:



How to Gain 10 Times More Clarity in Your Life:

- Why Clarity is Vital for Improving Your Life
- How to Become Very Clear on What You Want
- How to Gain More Clarity on Your Direction in Life
- How to Maintain and Even Increase That Clarity

The Exercises Are Important!!!

- These trainings are not to be just consumed like TV
- The most important things are the exercises
- The exercises will change your life!
- The effects are cumulative, so don't miss any!
- Have you completed last month's exercises?!

How to Gain 10 Times More Clarity in Your Life



What Happens to People Who Have Little Clarity?

Long-Term Effects of Lack of Clarity:

- Low on Energy
- Not Much Enthusiasm
- Energy is Fragmented
- One's Life Can Drift
- Prone to Complaint
- Can Often be Unsuccessful
- Achieve a Far Less Happy Life
- Less Growth - by Avoiding Challenging Situations
- Experience a Life of Mediocrity
- Always Settle for Second Best



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What Happens for People Who Have Lots of Clarity?

Long-Term Effects of Having Great Clarity:

- Far More Energy, Enthusiasm, Aliveness and Joy
- Your Energy is Focussed
- You Will Be Far More Successful
- Allows You to Achieve Your Life's True Purpose
- You Will Achieve a Far More Fulfilling Life
- Experience Personal Growth + Develop New Skills
- You Experience the Best Life Has to Offer



Having More Clarity Will Change Your Life - when you're clear on your goals AND your life's purpose, you become unstoppable!

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There Are 2 Types of Clarity - we must focus on:

1. Clarity re: Overall Direction in Life / Mission / Purpose
2. Clarity re: Individual Goals



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Clarity on Life Purpose:

Finding Your Own Unique Overall Purpose in Life (Major Life Purpose):

- One of the most important things you can ever do
- Most people never do this!
- They just settle for mediocrity and second best
- This is what makes you completely different!
- Finding your overall purpose gives energy to every area of your life



Lack of Purpose = directionless life = low energy = poor results

Deep Sense of Purpose = great joy and fulfilment = the impossible becomes possible

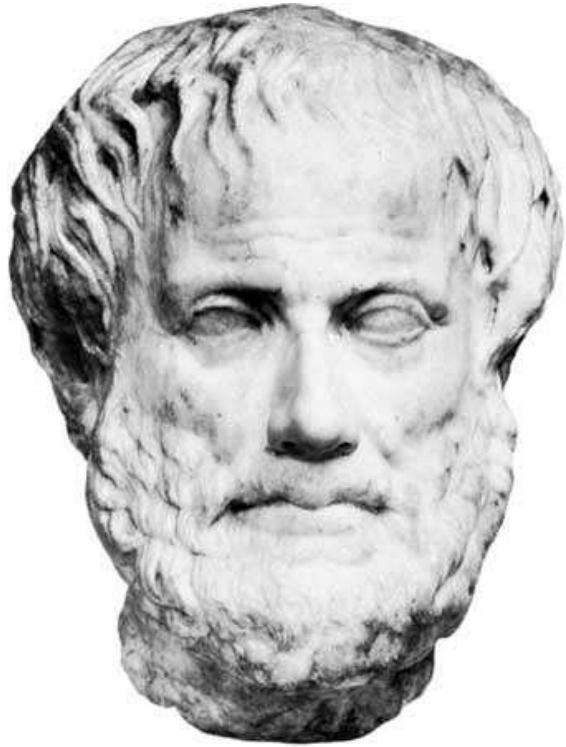
We Have 2 Types of Life Purpose:

1. Your Overall Purpose as a Human Being
2. Your Own Unique Individual Purpose

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1) Our Overall Purpose as a Human Being



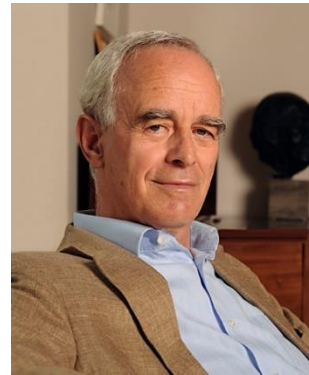
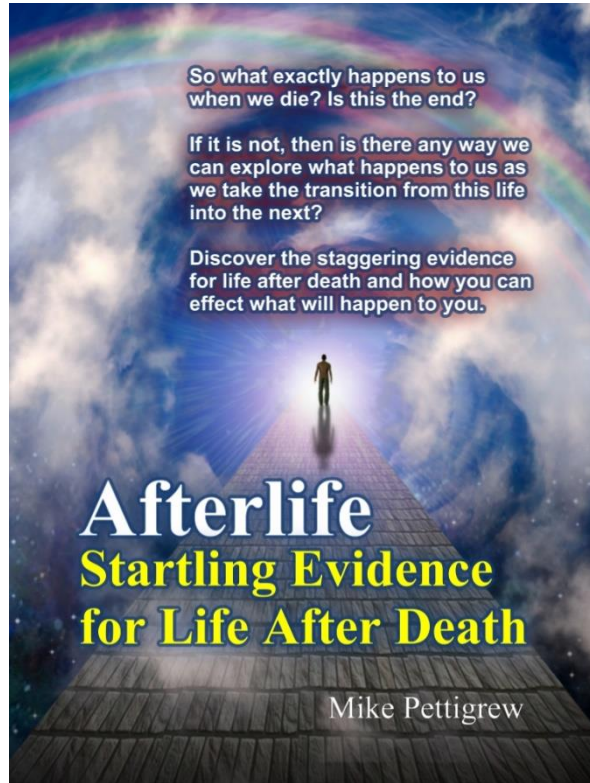
The Question All Philosophers Have Tried to Answer

Aristotle:

“Happiness is the meaning and the purpose of life, the whole aim and end of human existence.”

What is Our Purpose as a Human Being?

Life After Death Research:



Dr Pim Van Lommel



Dr Raymond Moody



Dr Brian L Weiss



Dannon Brinkley



Prof Ian Stevenson



Robert Monroe

The Research Tells Us:

“The purpose of life is to grow spiritually and to help others in any way that we can.”

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2) Our Own Individual Purpose

Confucius:



“Choose a job you love, and you will never have to work a day in your life.”

The Reality: A lot of people get trapped in a job that they hate – *because they are not clear on what they want*

- How Do We Discover What Our Own Unique Purpose is?
- Can We Combine These 2 Types of Purpose - to create a powerful **Major Life Purpose**?

Yes We Certainly Can!

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When We Start Contributing to Something Greater Than Ourselves...

We Become:

- Deeply Happy and Truly Fulfilled
- A Powerful Catalyst for Change - in the world around us

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How to Find Your Own Major Life Purpose (MLP)

Explore your passions, skills and past experiences...

STEP 1 - Ask Yourself:

- What activities make you feel most alive?
- If you knew you could not fail, what would you love to do?
- If you were a billionaire, what would you spend your time doing?
- What do you enjoy learning about most?
- What issues have been a constant theme throughout your life?
- What do you enjoy talking about most with others?
- What kind of giving is most rewarding for you?
- What have you struggled with most throughout your life?
- What are your most unique talents that you excel in?

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How to Find Your Own Major Life Purpose (MLP)

STEP 2 - Ask Yourself: How could I use these passions, skills and experiences to ALSO help others? Write down all your ideas!

STEP 3: The one that gives you the most excitement, energy and enthusiasm – and *that also contributes to your inner growth* is most likely your current Major Life Purpose.

STEP 4: Create a Major Life Purpose statement that reflects your choice.

STEP 5: Fine tune and improve that statement until it feels just right.



Create Your Own Major Life Purpose / Mission Statement

MLP = *Passions/Skills/Experiences + Daily Actions + Contributions to Others*

What is YOUR Major Life Purpose STATEMENT?

Mine is: "To inspire, motivate and empower people, so that they can achieve their goals, and become deeply happy".

- You NEED to create your own Major Life Purpose statement
- It takes time to create one that truly fits - it may change a little over time

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Mission Statements of Famous People:

“To make a significant difference in the quality of life of people.”

- **Anthony Robbins**

“To be a teacher. And to be known for inspiring my students to be more than they thought they could be.”

- **Oprah Winfrey**

“To have fun in (my) journey through life and learn from (my) mistakes.”

- **Sir Richard Branson**

“To Unite People & Promote Equality.”

- **Martin Luther King**

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How to Get Clarity on Your Individual Goals



Goal Brainstorming Sessions:

- Are you clear what your goals are (short, medium and long-term)?
- If not, then write out every goal you ever want to achieve in your life

Create Goals for Every Area of Your Life:

- Finances
- Career
- Relationships
- Recreation
- Health
- Personal growth

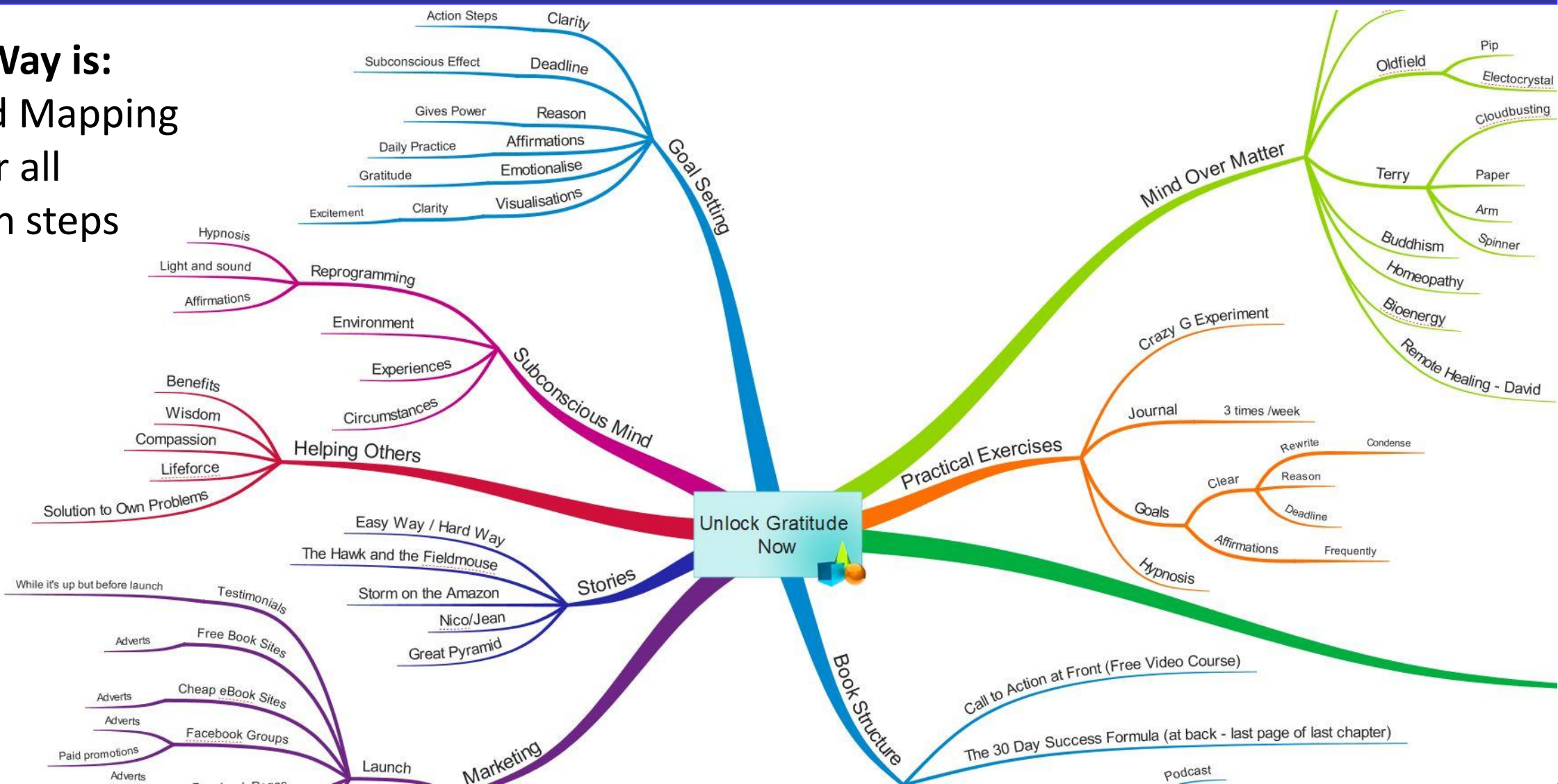
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How to Get Clarity on Goal Action Steps

The Best Way is:

- Use Mind Mapping to discover all your action steps



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Brendon Burchard's High Performance Clarity Questions

6 Questions to Give You More Clarity:

1. What are you most certain about in your life, right now?
2. What areas do you feel less certain about?
3. What do you value the most in your life right now?
4. Do you feel clear about who you are and what's most important?
5. Are you living in alignment with and congruent with the best of who you are?
6. If you had to tell someone the 5 things that make you most successful, what would you say?



How to Gain 10 Times More Clarity in Your Life



Simple High Performance Habits – 9 words that maintain your day-to-day clarity

The Clarity Chart

SELF:

The 3 words that will now define the best of who I am and that I will use to guide my personal life, including my thoughts include... **Mine Are:** Motivating, Inspiring, Empowering

INTERACTIONS:

The 3 words that will now define and guide how I will engage and treat others whom I meet in life, including my loved ones and strangers, include...**Mine Are:** Caring, Attentive, Appreciative

SUCCESS MARKERS:

The 3 words that will now remind me of what it is that made me most successful and will make me even more successful, include... **Mine Are:** Clarity, Determination, Consistency

Keep yourself on track - set phone reminders!!!

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What We Have Covered:

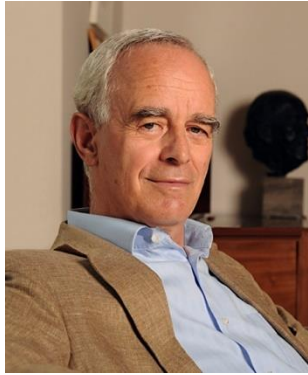


- The importance of the exercises - **they will change your life!**
- The effects of a lack of clarity
- Being ultra-clear gives you energy, enthusiasm, aliveness & joy
- Life Purpose - overall life purpose + individual life purpose
- Powerful exercise to discover your own Major Life Purpose
- Why you must create your Major Life Purpose statement
- How to gain clarity on your short, medium and long-term goals
- How mind mapping quickly gives clarity on goal action steps
- 6 High performance questions to give you more clarity
- 9 words for creating new habits that maintain your day-to-day clarity: *Self - Interactions - Success Markers*

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Recommended Resources



Dr Pim Van Lommel



Dr Raymond Moody



Dr Brian L Weiss



Dannion Brinkley



Prof Ian Stevenson



Robert Monroe



Brendon Burchard

Dr. Pim van Lommel - Consciousness Beyond Life: The Science of the Near-Death Experience

Dr. Raymond Moody - Life After Life, The Light Beyond, Coming Back

Dr. Brian L Weiss - Many Lives Many Masters

Dannion Brinkley - Saved by the Light

Professor Ian Stevenson - Children Who Remember Previous Lives

Robert A. Monroe - Journeys Out of the Body

Brendon Burchard - High Performance Habits

Napoleon Hill – Think and Grow Rich, Outwitting the Devil

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Over to You...



Questions & Answers

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