

Achievement System in the World



**How to Think Like the World's Most Successful People** 

with Mike Pettigrew

## **What You Will Learn:**



- How the World's Most Successful People Think
- Your Beliefs ARE Sabotaging Your Chances of Success
- You Have Been Conditioned brainwashed!
- How Your Subconscious Mind Controls Your Life
- How to Access Your Inner Genius
- How to Uncover Limiting Beliefs that sabotage your success
- How to Reprogram Your Mind for Success
- How to Use Your Subconscious to Get Anything You Want

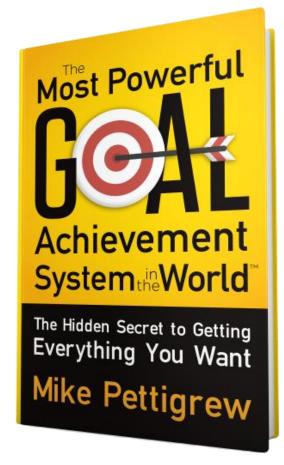
## **This Presentation Is For You If You:**

- Know You're Capable of More But Don't Know Where to Start
- Have Tried Other Goal Systems But They Just Haven't Worked for You
- Want to Overcome Self-limiting Beliefs That Have Been Holding You Back
- Want to Be More Confident and Empowered
- Want to be More Successful and Fulfilled
- Want to Achievement Your Life's Biggest Goals

......then this presentation will be of enormous benefit to you.

## **Here Are Some of the Things I Have Done:**

- Number 1 Amazon Bestselling Author
- Interviewed on Radio and TV More Than 100 Times
- Travelled all Over the World Seeking Answers to Life's Mysteries
- I Have Bought, Built, Created and Sold 15 Businesses to Date
- Some of Those Businesses Have Made Millions
- Achieved Many Successes all major goals achieved by 39
- I Now Teach Ordinary People How to Achieve Extraordinary Goals













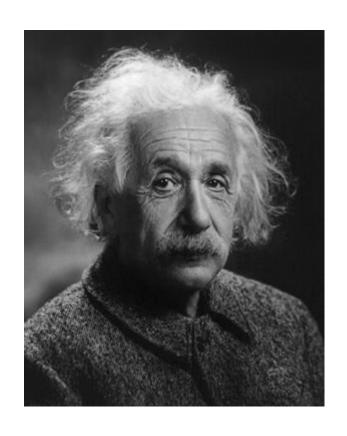








## Your World Changes, Only When You Change



#### **Albert Einstein:**

**The Definition of Insanity:** "doing the same thing over and over again and expecting different results"

## You Need to Start Doing Things a Different Way



## You Can Easily Do This!

- Small Consistent Actions = Huge Results
- It's Not Your Fault misleading information
- Your Past Doesn't Matter
- Not Rocket Science Anyone Can Do This!

## How Successful People Think

## What Makes People Successful?



- Is Success the Result of Hard Work?
- Success is Created in Your Mind!
- Highly Successful People Think Differently
- Success is Created by Beliefs, Thoughts and Actions

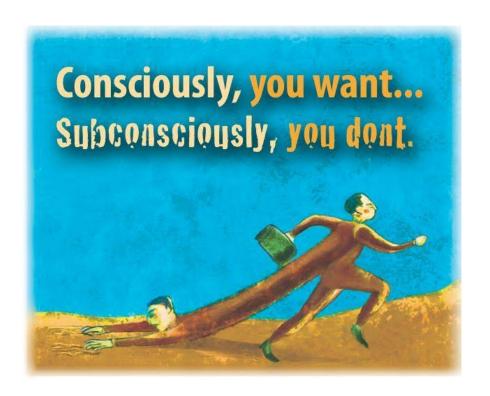
#### Your Beliefs and How You Think are:

- Based on the Conditioning You Have Received
- Formed by Past Experiences (happy and painful)
- Stored in Your Subconscious Mind
- Strengthened with Every Repetition + Emotion

#### **Your Subconscious Mind**

#### The Subconscious Mind:

- Makes Up 95% of Your Entire Mind
- Controls Automated Bodily Functions
- Files, Catalogues and Records All Your Experiences
- Gateway to Unlimited Wisdom Thomas Edison
- You Have Been Conditioned we all have!
- Your Subconscious Beliefs Always Win Out
- Creates the Circumstances of Your Life
- Fortunately, Your Subconscious <u>Can Be Influenced</u>
- You Can Reprogram Your Mind for Success!
- Program it Through Repetition and Emotion



## Ways to Program Your Subconscious Mind – repetition + emotion

- Affirmations empowering statements you frequently make to yourself, aloud
- Self-Hypnosis
- Subliminal Programs
- Meditation
- Bio-feedback
- Light and Sound Technology
- Creative Visualisation













## Affirmation Construction – to reprogram your mind



#### **Affirmations Should:**

- Be in the Present Tense
- Be Positive
- Be Personal I am
- Be Specific may include a time reference
- Include a Feeling Word such as grateful
- Include an Action Word learning, enjoying etc
- Be Concise not too wordy

Repeat affirmations every morning and evening with emotion, while visualising what it will be like when your goal is achieved.

## **Example Affirmation**

Affirmation to Overcome Pessimism, Low Energy and to Get You Unstuck:

"Today, I am full of energy and overflowing with joy."

## **Example Affirmation**

## **Affirmation to Find Better Employment:**

"I love my new job as [name job title], that I begin by July 15<sup>th</sup> 2018 and which is giving me a wage of \$3,000 each week"

## Create an NLP Anchor - to emotionalise your affirmations

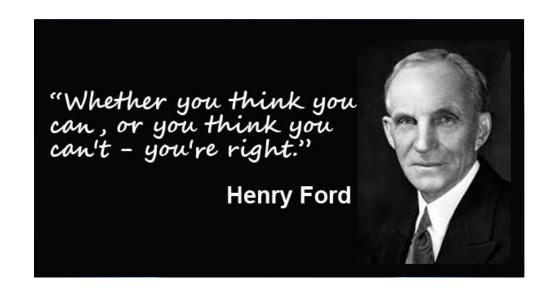
## **Creating Your Anchor is Easy!**



- **Step 1:** Recall Times in Your Past when you felt strong positive emotions *Deep gratitude, happiness, or a time when anything seemed possible to you. "10 out of 10" experiences.*
- **Step 2:** Choose One with Strongest Positive Emotions
- **Step 3:** Focus on That Experience for a Few Minutes reliving it, in as much detail as you can Allow the feelings of gratitude, joy, fulfilment, or of anything being possible for you to build very strongly within you.
- **Step 4:** Set Your Anchor

When you are overflowing with positive emotions, touch the thumb and first finger of your right hand together and squeeze them together gently. You have now "set" your Anchor.

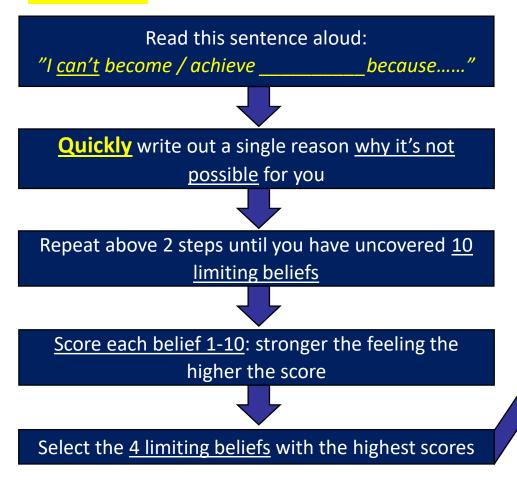
## Overcome Limiting Beliefs - that hold you back



- You Have Been Conditioned by Other People and Your Past Experiences
- Conditioning Sabotages Your Chances of Success
- Your Limiting Beliefs Have Power but they can be changed!
- You MUST overcome those beliefs to be successful
- Like Being Reborn what was once impossible, now becomes possible
- How I Improved My Own Self-worth Back in 1991, and what happened

## **Uncover and Overcome Limiting Beliefs - Exercise**

### **Uncover:**



#### **Overcome:**

**Slowly** write out as many reasons as possible, that counteract <u>each of these 4 limiting beliefs</u> using this sentence:

"I <u>CAN</u> become / achieve \_\_\_\_\_\_because....."

Select the single most empowering reason that counteracts each one of your 4 limiting beliefs

Convert each of these empowering reasons into separate affirmations and repeat them daily, while triggering your Anchor

## **What We Have Covered:**



- Success is Created in Your Mind!
- Success is Influenced by Beliefs, Thoughts & Actions
- You Have Been Conditioned!
- You Have Limiting Beliefs that Sabotage Your Success
- The Subconscious Mind Stores Everything
- Your Subconscious Creates Your Circumstances
- The Subconscious is a Doorway to Unlimited Wisdom
- Your Subconscious Mind Can be Reprogrammed
- You Can Reprogram Your Mind Using Affirmations
- An NLP Anchor Can Emotionalise Your Affirmations
- You Can Root Out & Overcome Your Limiting Beliefs

## Over to You...



# Questions & Answers