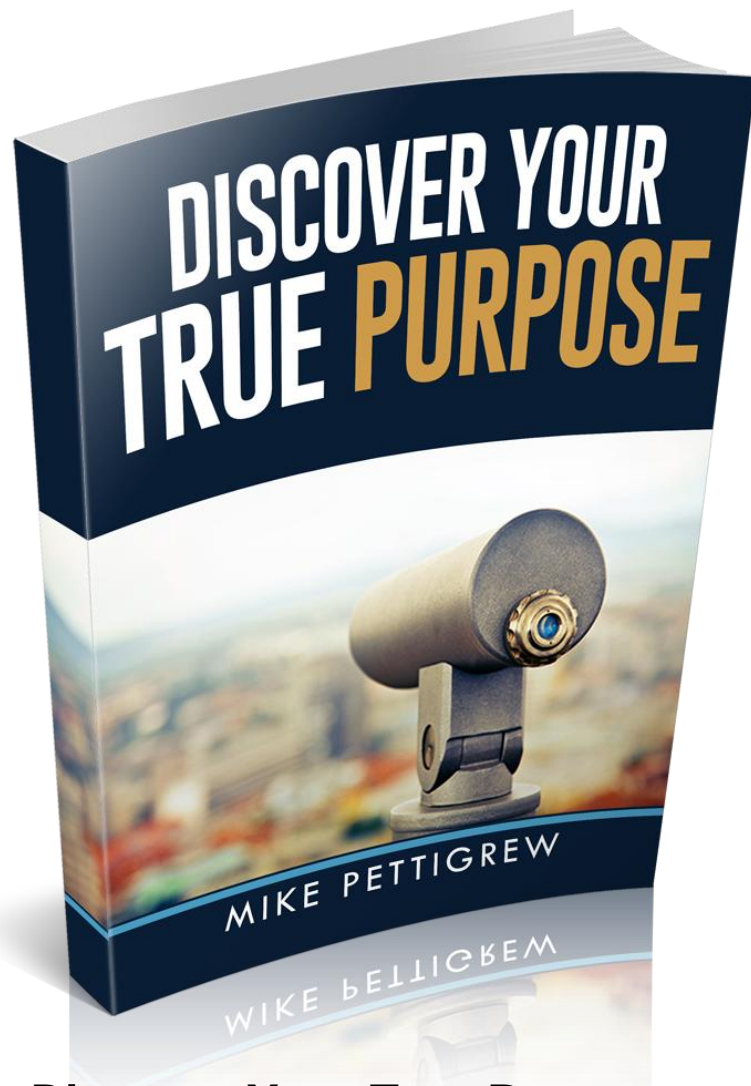


DISCOVER YOUR TRUE PURPOSE



MIKE PETTIGREW



Discover Your True Purpose

Change Your Thoughts and Emotions – Transform Your Life

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The Evidence for Life After Death

A great human being once said that if we want to understand life we must first study death.

Now, when he said this 700 years ago, there was no scientific research being carried out into the evidence for life after death, but it is completely different today.

In the last 30- 40 years there has been a lot of scientific study of the human mind and consciousness and what may happen after death.

There have been several universities and hospitals around the world where the evidence for life after death has been studied.

For example in the Netherlands, a cardiologist by the name of Pim Van Lommel interviewed many people who had clinically died for a minute or two and were then resuscitated.

The findings of his 13 year long research project (and which was reported in the British Medical Association's Journal "The Lancet" several years ago) were incredible.

The conclusion of that study was that for the first time we have scientific evidence that life continues after death and that science needs to urgently reevaluate its understanding of the brain and the mind and human consciousness.

His research has been duplicated in other hospitals around the world with similar findings.

When I first came across this type of evidence it was back in 1977 after my cousin died in a road accident. His name is Peter and we were very close.

He was my hero and he was a wonderful person, even though he was only 19 years old. He was cycling from university to the place he was living and a car crashed into him and Peter died.

Needless to say our entire family was devastated. But my aunt and uncle were given a book, I believe by his older sister - and it was

the first book ever about the near death experience and it was written by Dr. Raymond Moody.

This ground breaking book had been published only a couple of years earlier. The name of that book is *Life after Life* by Dr. Raymond Moody.

They gave this book to me and to put it mildly I was totally electrified. That book changed my life. That book and Peter's death sent me on a quest that continues until this day.

Human Consciousness

Since Peter's death and my reading of that book, my whole life has been dedicated to the understanding of human consciousness, the mind, and what happens after death.

Is death really the end? Well, I have spent well over 35 years researching this. I used to be on radio and television back in 2002, about 78 times talking about the scientific evidence for life after death.

I started the Institute of Afterlife Research but I had to put that aside a few years later when I lost everything as I have mentioned in other ebooks and videos. My wife and I lost every single cent in the world.

I had been very successful in business and had built my business up to a significant size. We were millionaires and then we lost everything.

They were incredible frightening times - but that tragedy you might say made me grow in so many different ways.

I am so grateful for that experience because it has taught me all sorts of things about life, the mind and human beings, human nature – things that I could not have learnt otherwise.

The Purpose of Life

From this evidence for life after death that I was mentioning a moment ago, everything points to one thing; the purpose of all human life- the purpose of every human being on this planet is 2 fold.

We are here to grow spiritually. That may sound religious but it is not. When I say grow spiritually I am talking about inner growth. And it is a fact that our challenges - the bigger they are in life the more we can grow as a human being.

We see evidence of this later in life - through elderly people who have lived a tough life. In most cases they are very caring and kind, compassionate, and wise. However, if an individual has a complaining nature, then later in life they can become bitter and resentful. It is a fact that big challenges enable us to grow spiritually. As I say spiritually - meaning those inner qualities.

Our challenges enable us to become a better human being.

Helping Others

The other research about life after death says that our other purpose for coming to this world is to help others. We are here to grow and help others in any way that we can.

It does not have to be anything grandiose; it can be anything – simply having an outward looking attitude, caring for those immediately around us.

I had an extremely painful experience many, many years ago - back in the mid 1980's. I was madly in love with this girl; we split up although we had been planning to get married and we had lived together for a couple of years.

To say my world fell apart in an instant is putting it mildly - but there were many lessons in that experience which enabled me to

grow in all sorts of ways. I simply could not have possibly grown otherwise and I am really grateful for that experience.

The day after it happened, I visited a friend and I literally wanted to cry on his shoulder and tell him what had happened and how awful I felt – I just needed some sympathy because I felt so awful.

Anyway, I drove out to his house and visited him and he was walking up and down the room with his head in his hands and he was panicking and I said “what’s wrong, what’s wrong?”

He explained that the doctor had told him that he may die because he might have Aids. Back in the mid 1980’s if you remember, doctors were wearing rubber suits for treating people who had Aids. There was terrible fear back then, and anyone with Aids back in those days - it was pretty much certain that they would die. And this is what my friend believed.

His energy had been really low for some time - but he was actually suffering from what is known today as ME. Fortunately, he eventually overcame this with good medicine and nutrition.

But there was huge fear - as he paced up and down his sitting room. I found myself encouraging him even though I went there to cry my eyes out.

I ended up for the next 3-4 hours encouraging him, and you know what? At the end - I myself felt empowered and invigorated!

He was as well; because he started to realize that he might be misreading things and he was not nearly as fearful when I left his home.

The amazing thing was that I felt totally different after 3-4 hours encouraging this guy. My problems had not gone away but I felt empowered, invigorated and buoyant.

My life had fallen apart but I felt amazing!

So this is why it is so important to help others in any way that we can - because we all have challenges. We all have difficulties and problems in life and those exist for our growth.

And when things are very difficult for us - that is exactly the time that we need to become more outward looking.

At such times we need to do our best for those around us. This gives us an immediate “holiday” from our problems - because when things are really rough and we are in a mental repetitive thought process and thinking about the problem, rehashing it - we just feel awful.

But when we start to look outside ourselves and do the best we can for those around us - trying to encourage people even when we do not feel like doing so - then things start to change for us. It is like we start to glow again.

I understand that transforming our own lives and helping others to do the same, is the mission and purpose of every human being on this planet.

The Importance of Clear Goals

You might feel that this is all well and good, but that you yourself want to do something great, and that you may want to contribute something much more substantial to society, something really important.

Now, it is really is important to have big goals and big dreams – but all along our path, along our journey to our destination it’s vital that we also constantly work for the happiness of others.

It is so important to work for the happiness of others no matter what our dreams or goals are in our lives.

If we are stretching our lives by setting really big goals and if we have not yet achieved incredible things in our lives, then we may have a belief system about our lives that is quite small.

Developing a Bigger Vision

At first it might be a bit difficult to have a bigger vision for our lives - but as we test this, as we set goals for ourselves and practice the techniques that I explain in my ebooks and video and training courses about gratitude – then our lives gradually expand.

Over time our goals get bigger and our sense of personal power increases. We end up becoming far more empowered and it is almost like a snowball rolling down a hill, it gathers momentum and gets bigger in size.

I honestly feel that every human being can do incredible things in their lives. We can all achieve deep happiness for ourselves and help others to do the same.

But we do need to set goals that stretch our lives - not little meek and mild goals (although there is a purpose to that if we are not familiar with goal setting).

We need to gradually gain confidence over time, that we can achieve incredible things for our lives.

The Near Death Experience of Dannion Brinkley

A friend of mine whose name is Dannion Brinkley had a near death experience in 1975. He was on the telephone, and there was a thunder storm going on outside and when the lightning struck the pole outside his home - over 10,000 volts came down the telephone line and down his spine.

Dannion was clinically dead for 28 minutes. Scientist tells us that after 2 or 3 minutes of oxygen deprivation our brain can become irreparable damaged and that if we do manage to be revived we can be in a vegetative state.

This is a general rule but it is not completely accurate in every situation. For example, there have been many examples where our

body temperatures can be lowered dramatically so we are in a state of suspended animation. So, it is not a hard and fast rule.

But Dannion was clinically dead for 28 minutes and his experience was absolutely fascinating. Dannion 's first book *Saved by the Life* is incredible. I urge you to get hold of a copy! In it he describes firsthand his experiences from the time when he was struck by lightning to the time when he was revived.

There are many parts of his experience that you might believe are crazy or impossible, but the amazing thing about his experience is - there were absolutely real world correlation to many of the parts of that experience.

Events that proved that it was not imaginary and that it was not the product of an oxygen starved brain.

During his experience, one of the first things was that he felt himself travelling through a tunnel - meeting with a being of light and this being of light did not judge him - but was rather like a friendly counsel.

But Dannion re-experienced every single event from his birth right up to the point where he was struck by lightning.

Dannion Brinkley was not a very nice guy, he was a marine and he was directly responsible for the death of many people and he had to experience each those people dying.

The pain and the confusion as each person died and then in every permutation possible - how the loss of that person was felt by family members.

When he experienced the suffering other people went through on his account, it made him feel pretty awful. This is called a life review and he found it extremely hard to forgive himself.

Later on in his experience he was shown 117 major world events that would take place in the future. Now in 2014 almost all these events have taken place.

I met Dannion for the first time in 1999. I spent time with him; first in Peru and then later in Egypt. He told me a few things that were going to happen - major world events that he did not document publically and they did happen.

When you have very, very specific knowledge passed on to you during a near death experience and then it turns out to happen – then there is something real happening there - it cannot possibly be fantasy.

What I am talking about here are very specific major world events, like the nuclear accident in Chernobyl, changes to the ozone layer, global warming and many other events. None of these events could even have been imagined back in the mid 1970's when he had this experience.

Dannion makes it really clear - and it is tremendously empowering – he is an amazing teacher - and he is very clear on what I said earlier about the purpose of human life - is to grow and help others grow.

This is the secret to the purpose of every human being.

Our Purpose Empowers Us

When we get on with our life's purpose - we become empowered and invigorated, joyful, buoyant and happy. Working for the happiness of others and setting big challenges for ourselves and really growing is the purpose of your life and mine and everyone's life. I really invite you to test this for yourself. Test it and see what happens!!

If you are interested in learning more about life after death and the scientific evidence for life after death I will talk about this in future videos and training materials.

I also released a recording back in 2001. It is an audio book and is also available as a Kindle ebook as well. The audio version is available on the Apple App Store and it is entitled "Life after Death,

What happens when we Die?” You can just search for Life after death and it will be the first audio book you will see.

There is a free version which includes the first 3 chapters and there is also a full version. In the kindle book store it is called “Afterlife: Startling Evidence for Life after Death”. Just search for Mike Pettigrew and you should find it pretty quickly!

The last thing I want to say is - our lives are incredibly precious. If we ever do some voluntary hospice work - sitting chatting with people dying, we will witness some incredible miracles taking place.

I think we generally devalue our lives. The most precious thing we have in life is time and we need to ask ourselves – are we using our time to make a difference or are we not?

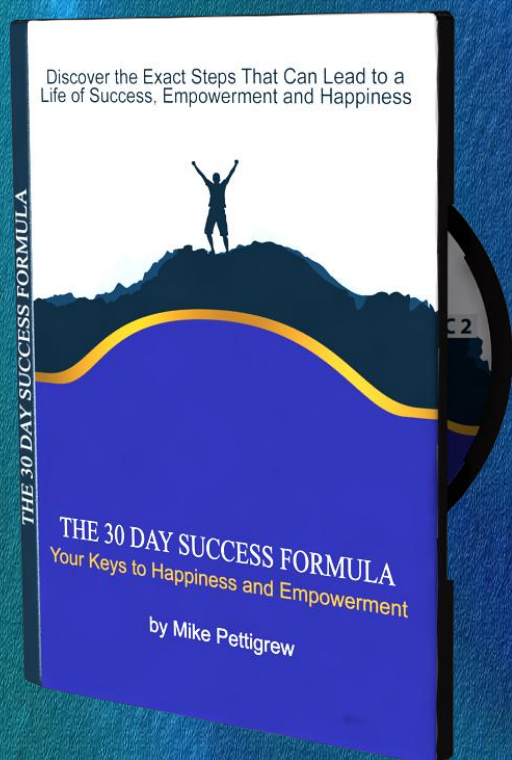
While working in a hospice as a volunteer, we often see patients in their final days of life. Miracles can happen and family conflicts and feuds can just melt away.

When people realize they have so little time left they do things they would not normally do. The reality is that we think we have lots of time left. But it is true to say that our lives could end at any moment – even a day from now.

When we live our lives as though today were the last day of our life, then we start to do things very differently and we start to contribute more to those around us.

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