

The Ultimate Success Club



Develop the Skills to Create the Life You Want

Affirmation Library

The 357 affirmations included here are provided as a reference guide and starting point for creating your own affirmations. You can use them as templates for creating those affirmations. Although you can use them exactly as they are, **you will get far better best results** when you convert your own condensed goals into affirmations as explained in step four of my bestseller “The Most Powerful Goal Achievement System in the World”.

If you are using a subliminal program on your computer while you are working, you may find some of these helpful. However, always create and use your own affirmations for best results!

Confidence:

My mind is strong and powerful
I am self-confident
I can do anything I set my mind to
I have confidence
I am charismatic
I am upbeat
I am passionate
I handle situations easily
I am the master of my emotions
I can relax in every situation
There is nothing I cannot handle well
I think wisely
I am more in control each day
I have peace of mind
I have a strong mind
I create thoughts that bring me peace
I have a high state of tolerance
I am bigger than any problem

Creativity:

I easily tap into my creativity
I am very creative
My creativity is boundless
I am creative and productive
I allow creativity to flow through me
I have hundreds of excellent ideas
My creativity brings me wealth, success and recognition
I easily connect with my infinite creative mind
Creative ideas come to me all of the time
Ideas come easily to me
I can create anything I want
I live in the creative flow of life
I am grateful for my inner genius and creativity
I have infinite creativity
My imagination is limitless
I have limitless creative potential
I tap into infinite intelligence easily

I Love my creative abilities
I have an endless supply of creativity
I give thanks for the creative ideas that come to me
I have wonderful and creative ideas
It is a joy for me to create
I open up to the flow of creativity
I am intuitive
I trust my intuition
I connect with my inner wisdom easily
My dreams give me guidance
I follow my intuition
I am in touch with my inner self
My intuition grows stronger each day
I listen to my intuition
My hunches turn out to be correct
I am guided by my intuition
Infinite intelligence guides me
My intuition serves me well
I access my intuition easily
My inner wisdom guides me perfectly

Goals & Productivity:

My goals come to fruition
My mind is focused
I am an amazing success
I am a powerful creator
I always make the right decisions
I get what I want
I know exactly what I want
I achieve all I want
I am congratulated for my achievements
I am appreciated, acknowledged, and admired for my amazing productivity
I achieve my goals and live my dreams
I know what I want
I achieve my goals
Every day in every way I am more productive and efficient



I produce more and more in less time
I am achieving all my goals
I can achieve anything
What I believe in I achieve
I know exactly what I want and I get what I want
I am focused and productive
I have total concentration
I always complete my tasks rapidly, superbly and efficiently

Happiness:

I live each day with passion
I deserve to be happy
I am full of joy and happiness
I love life and myself
My happiness is reflected in my smile
My pleasing personality is contagious
I am joyful about each new day
My happiness comes from within me
I choose happiness now!
My happiness continually brings me more happiness
I am always kind and thoughtful towards to others
My sense of humour touches everyone around me
I choose to be happy at the start of each day
I choose health and happiness
My joy brings blessings into my Life
I attract joy into my life
I live life with passion and enthusiasm
Life is fun
I love life
I create my own happiness
My future is brighter than ever

Healing:

My powerful mind heals my body
Every cell in my body vibrates with health
My body heals as I sleep
I am strong, healthy and pain free
Each day I become more and more pain free
I release any pain in my life NOW
I am strong physically, emotionally and mentally
I am pain free
I can feel my body becoming stronger
I am grateful for my healing
The root cause of my pain heals now
I know that my healing is already in process
I am healthy, healed and whole
My body heals quickly and easily

Health & Exercise:

I love to exercise
I exercise regularly
Exercise makes me healthy
Exercise revitalizes me
I exercise more and more each week
Exercise makes me feel great
I find time to exercise
Exercise gives me lots of energy
I am a perfect example of health
My fitness routine is enjoyable
I feel healthier and healthier each day
My exercise routine yields great results
I exercise and it shows

Listening & Communication:

I am a good listener
I smile often
I use encouragement
I can easily see the other person's point of view
I respect other people's opinions
I use names whenever possible
I am sincere and honest
I am sympathetic to other points of view
I am genuinely interested in other people
I make others feel important
I deeply respect others
I give positive reinforcement
I admit my mistakes quickly
I am tolerant
I give sincere compliments
I am friendly
I am honest
I praise improvement
I begin in a friendly way
I am a great listener

Marriage:

My marriage grows more loving each day
I am loyal and devoted to my partner
I am happily married
My marriage brings a lifetime of happiness
My marriage is built on love, loyalty, and trust
I am passionately in love
I am happier and more in love every day
I am deeply in love with my partner
I am in a perfect and loving marriage
I am grateful for my beautiful and loving marriage
I deserve love and happiness
I give and receive love generously



Memory & Focus:

I focus easily
I remember facts easily
My memory serves me well
I remember more each day
I remember the names of people I meet
I remember what I read
My memory improves each day
I am a memory master
I remember the things I see
I remember easily and effortlessly
I remember what I learn
My memory is perfect
I am grateful for my excellent memory
I have a photographic memory
I have excellent recall

Parenting & Children:

I am a great parent
I am a supportive parent
I listen to my children attentively
I deeply respect my children
I support my children always
I allow my children freedom
I show my children unconditional love
I give my children positive encouragement
I teach my children care and respect for others
I teach my children through my example
I allow my children to dream BIG
I keep my promises to my children
I love my children
I praise my children often
I am proud of my children and tell them
I have fun with your children
I am always there when my children need me

Positivity:

I have a positive outlook on life
I am a positive person
I think positive
I am grateful for everything
I am in control
I am generous
I am grateful for all the good in my life
I fill my mind with beautiful thoughts
I am the creator of my experience
I always focus on the positive
I have a positive mindset
I surround myself with positive people
I see the good all things
I believe in myself
I am a winner

I find the gift in every experience
I become more positive each day
I am in control of my mind
I am passionate about life
I am open to giving to others
I enjoy the overflowing abundance in my life

Public Speaking:

I love speaking in public
I am confident when speaking
I am an excellent speaker
I am an inspiring speaker
I am an engaging and enthusiastic speaker
I am passionate about speaking
I speak from my heart
I have valuable information to share
I handle questions easily
My audience loves me
My audience appreciates me
I interact well with groups
I give excellent presentations
I make eye contact with my audience
I am well prepared when speaking
My presentations are always clear
I say exactly the right things

Releasing Past Hurt:

I let go of the past
I move forward in life happily
I forgive and forget
I forgive myself and others
I move forward towards greater good
I am thankful for my wonderful future
I find closure and move on with my life happily
I look to a better future
The past has no power over me
You now release old hurt
I now release anger and resentment
I gracefully release my past

Self-Acceptance:

I am wonderful just the way I am
I possess beauty and strength
I treat my body with love and respect
I am blessed with many talents
I look at the beauty life has to offer
I see the wonderful person I am
I treat myself with deep respect
I accept and embrace myself
I am a caring person and loved by many
I deserve the love of others



Self-Esteem:

I have sky-high self-esteem
I am a high achiever
I am worthy
I love myself
I am Awesome
I approve of myself and feel great
I value myself
I look people in the eyes
I am a worthwhile person
I am worth all my hearts desires
People like me
I am charming
I get along well with others
I have personal magnetism
My personality is appealing
I have a pleasing personality
I am fun
I am witty
People find me fascinating
Others are attracted to me
I am likeable
My charming personality draws others to me
I connect with others easily
I have courage
I have self control

Success:

I am happy, successful, and fulfilled
I deserve to be prosperous and successful
Success is my birthright and I accept it now
I am successful in all areas of my life
I am successful
I am the creator of my experiences
I was born to be successful in life
I create my destiny
I give thanks and am grateful for my success
Success comes to me in unexpected ways
I am open to success
I expect success
My will creates my future
I create my life with my vision
I am the master of my destiny
I set my intention and life responds
I accept and deserve success
I know what I want; I ask for it and receive it
Only I hold the key to my destiny
I am success orientated
I have the power to succeed
I celebrate my success

Taking Action:

I take action
I make definite decisions
I take responsibility for my actions
I come up with practical ideas
I go the extra mile
I am mentally strong
I am a master at details
I delegate tasks effectively

Trust and Patience:

I am a patient person
Each day I become more patient
I take things easy
I can relax when under stress
I take time to enjoy life
No hurry, no worry
I release negative emotions
I am relaxed
I am patient
I know when to let go
I discuss things openly and honestly

Wealth & Opportunity:

I am dedicated to creating wealth
I think and dream BIG
I make millions easily
I play to win
I think like a multi-millionaire
I invest well
I accept and expect wealth
I think in millions, and get what I think
Unlimited income flows in my life
I give thanks for all the money I have
I am a money magnet
I take calculated risks
Everything I touch turns to gold
I make more and more money each year
I see opportunities everywhere
I am NOW accumulating large sums of money
Money comes to me easily and effortlessly
I earn great money doing what I enjoy
I have the Midas touch
I give and receive money with joy
I prosper with everyone I touch

Weight Loss:

I am slim and trim
I am my ideal weight
I am on the road to fitness
I am losing weight now
I lose weight easily



I am enjoying how I'm feeling now
I am careful about what I eat
I am feeling slimmer today
I only eat healthy foods
I am getting fitter every day
I am getting slimmer and healthier
I enjoy my healthy lifestyle
I look and feel lighter today
I love the feeling of making progress
I love food that makes me slim
Losing weight is effortless
Losing weight is easy!
I love being healthy
I only eat when I need to
I exercise frequently
I have a fast metabolism

