

Make Determinations that Create Results

Key Points:

Determinations are Key to All Achievement – If we don't make clear determinations we can end up going in circles, without much transformation, growth or success appearing in our lives.

Infusing Determinations with Emotion – When we infuse our determinations with emotion (particularly gratitude) we can get better results and achieve those determinations more quickly and more easily.

Reprogramming Our Subconscious – if we do not reprogram our subconscious for success, then the results we can expect in our lives is determined by our past experiences, conditioning and self-imposed limitations of what we currently believe to be possible for ourselves.

Affecting Our Environment – Our dominant thoughts and emotions affect our environment potently and draw into our lives events and experiences that reflect those thoughts and feelings.

Daily Practice – It is necessary to look at (or preferably read aloud) our determinations each morning and evening while infusing them with gratitude as though we had already achieved them.

Summary:

In order to ensure that our determinations create tangible results, we need to write down those determinations and read them (preferably aloud) with gratitude each morning and evening. This affects both our subconscious and the environment and enables us to achieve those determinations. It also creates inner growth.